

Limited Sale
While Supplies Last

January 2013



Amazon Herb

Wellness from the Rainforest



SLUGGISH FROM THE HOLIDAYS?

Get back on track
FIND OUT HOW, PAGE 4

GREAT ENERGY AND STAMINA MAY BE YOURS

SOME IDEAS ON PAGES 10-11



NEW YEAR'S CELEBRATION SALE

Buy 1, get 1 FREE!
your choice

LIMITED QUANTITIES. SEE PAGE 3 FOR DETAILS

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A NEW YEAR. A NEW PARTNERSHIP.

Two great companies. Two similar paths to wellness. One worthy mission. Who would think that a crusty explorer would ever join hands with a more traditional businessman to serve a common cause? Neither of us did.

In spite of our different paths, we have had remarkably similar life experiences. Both of us were drawn to the world of wellness after suffering debilitating illnesses and started companies to share what we've learned with the world.

Both of us feel that we have a mandate to give back to the world community as an essential part of our business mission. And both of us know that health and wellness derive as much from leading a spiritual life as it does from taking good care of the body.




Michael Ellison and John Easterling at the signing ceremony last August.

In August, Amazon Herb and TriVita joined together to promote the message of wellness and the future sustainability of the Rainforest to an ever growing audience of wellness seekers and concerned environmentalists.

To celebrate this union of vision and enterprise, we are offering a special, one-time only New Year's Celebration Sale. For the month of January or until supplies last – buy any Amazon Herb product and receive a second product of equal or lesser value for FREE. That means: choose your favorite and get another for FREE! Or choose your favorite and sample another life-enhancing herb on us – say, for example, if you purchase Arcozon for \$59, you could receive Recovazon (90 ct.) for FREE.

Join in toasting our new partnership with us. And take this wonderful opportunity to recommit to a Life of Wellness at the start of this New Year.

Two seekers on the Road to Wellness,


'Amazon John' Easterling,
Founder, Amazon Herb


Michael Ellison, Founder,
TriVita & CEO, Amazon Herb

P.S. Look for next month's catalog to hear more from Michael Ellison.

Support for the Rainforest and Wellness

Since 1990, Amazon Herb has worked directly with Rainforest Indigenous communities to create new models of prosperity and sustainability. Look for some of these success stories told throughout the catalog. We also support the Amazon Center for Environmental Education and Research (ACEER), whose mission in part is to bring environmental education programs to Rainforest communities. Your purchase of Amazon Herb products enables us to continue our work in the Amazon.

Thank you for recognizing the value
of our living Rainforest and supporting
a healthy future for all.

ACEER
FOUNDATION



If you are not completely satisfied with your products, you can return them to us within 60 days of its order date for a full refund (less shipping). We will replace any defective product within 30 days of order.

OUR STORY

For many years, John 'Amazon John' Easterling traveled in South America, crisscrossing the Andes Mountains, searching for lost cities and pre-Columbian civilizations. The residual effects of bouts with hepatitis and Rocky Mountain Spotted Fever, along with his adventurous lifestyle, began to take their toll, compromising his health and leaving him in a state of chronic fatigue, both physically and mentally.

Then, on one of his frequent trips into South America, local Indigenous peoples shared with him their traditional uses of nutritional and medicinal botanicals. It was to be a turning point in his life. In a matter of days, his energy levels and mental clarity had greatly improved. In fact, his ability to enjoy life to the fullest, as well as his sense of well-being and health, soared.

It was after this discovery that 'Amazon John' formed an exciting cooperative enterprise with health care practitioners in several countries to develop herbal blends that address the most pressing health challenges of modern life. Among his early advocates and assisting formulators were Drs. James Hawver and Eric Innes. Their insights into the benefits and usage of proprietary Amazon herbal blends may be found online at amazonherb.net/Product-Spotlight-Archive.aspx.

From that point on, 'Amazon John' turned his efforts exclusively to making these botanical treasures available to you and to finding ways to sustain the Rainforest that protects and nurtures them. In August 2012, he joined TriVita Inc., a leading health and wellness company, to help bring his messages of wellness and the Rainforest to larger audiences.



'Amazon John' continues to search the Rainforest, looking for yet-to-be discovered nutrients that can aid in our health and well-being while helping to find ways to support a sustainable future for the Rainforest and its inhabitants. He and his wife Olivia Newton-John may be seen on various news and talk shows promoting ways to support a sustainable future for the Amazon Rainforest.



Come Celebrate the New Year and New Beginnings with us.

A One-Time Only Special Sale:

Buy Any One Product, Get Another Product FREE*

Can't believe your eyes? It's true: Buy any product and receive another of the same or lesser value free while supplies last.

That means: You can stock up on your favorites. Or try something new. Order as many BOGO combos as you want, as long as supplies last.

Phone-in orders only.

The New Year means a lot of different things to different people. Mostly, we celebrate the opportunity to start afresh. A new beginning. New resolutions. A chance to discover your new, true self. Or maybe even recommit yourself to old goals.

Whatever you choose, it's a new beginning. And this offer shows just how excited we are to begin our partnership – Amazon Herb and TriVita – two innovative companies committed to wellness and to your well-being.



Pure Camu \$53
(30 freshPacks)

Buy any One
of your choice



Arcozon \$50
(90 count)

Get any One free
of equal or lesser value

Recommit yourself to health and wellness this New Year. Stock up and save.

*Offer expires January 31, 2013, at 11:59 pm EST. Available for phone orders only while supplies last. Sorry, the choice of free product is limited to those products whose values are equal to or less than the product purchased. No limitations to the number of times you may use this offer. All Packs, including Amazon Herb Collection Packs, are excluded. Shipping charges are based on the total value of the sale before the discounts are taken.

Need help: Call 1-800-835-0850. Our Customer Care Experts are available 8 am – 5 pm EST.

Prices listed in this catalog are current as of the date of printing. The information in this catalog may contain errors or inaccuracies. We reserve the right to change prices, selections, update information and limit quantities without prior notice. All monthly catalog promotions do not qualify for Monthly Auto Ship (MAS), do not earn Loyalty Points and cannot be redeemed with Loyalty Points. BV is paid only on items purchased. Children, women who are pregnant or nursing and all individuals allergic to any foods or ingredients should consult their health care provider before using any product. You should not stop taking any medication without first consulting with a health care provider. To report a serious adverse event or obtain product information, contact 1-800-835-0850. These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



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Call to order at 1-800-835-0850 or visit us online at AmazonHerb.net.



Put your sluggish system back on track the natural way

Eliminating toxins will help you feel better, look better and live better

Many health challenges begin in the colon. That's why we need to understand how important proper elimination is to optimal health. For our bodies to function correctly, they need to digest nutrients properly and eliminate waste efficiently. Excess waste can collect and putrefy, causing a congested colon. Research has shown that over 65 different health issues facing us today are due to a toxic colon.

Take a look at the box centered below. If you answered "yes" to any of these

challenges, then it is probably time for you to start a healthy cleansing regimen that will help get you back on track. Amazon Herb has created a completely natural detoxing program that provides quick results. It gently stimulates elimination, cleansing the colon and purging harmful toxins from the body. You'll feel lighter and more alert with a sense of renewed energy, once you've cleansed and thoroughly detoxed.



Help fight off illness with Camu Gold™

Powerful therapeutic impact in just a few drops

Along with its high Vitamin C content, Camu Gold provides essential amino acids like Leucine, Serine, and Valine, which in combination assist in boosting the immune system. That, in turn, produces antibodies to help fight off illness and other pathogens. Rich in phytonutrients, Camu Gold has a surprising range of therapeutic effects, including

supporting healthy liver, lungs, lymphatic and nervous systems, all of which aid the cleansing and detoxing process. For more details on Camu Gold and the Camu Camu fruit, see pages 14-15.

Camu Gold Liquid (1 oz.)

Camu Gold 6-Pack

Camu Gold 12-Pack

\$21

\$100

\$180

Packs not eligible for this month's special offer.

The immune-regulatory capacity of Camu Gold is like nothing I've ever seen. I have tested this product on three different auto-immune cases and it's been proven to be amazing stuff!

Jeff Essen
Naturopath

Camu Gold Ingredients: Organic Camu Camu Concentrate. Other

Ingredients: Vegetable Glycerin

Suggested Use: 1 ml. (20 Drops) twice a day or as desired

Fiberzon Plus Ingredients: Rhubarb Root, Psyllium, Sangre de Drago, Boldo, Uña de Gato, Camu Camu, Hibiscus, Licorice, Fennugreek, Flax Seed, Slippery Elm, Oat Bran, Quebra Pedra (Chanca Piedra), Artichoke, Jatoba, Papaya.

Suggested Use: Take 1-2 capsules a day with an 8 oz glass of water in the morning, before bedtime or with a meal.

Benefits of

Do you have? Do you want?

- | | |
|-----------------|----------------------|
| • Sluggishness | • Improved Alertness |
| • Fatigue | • Increased Energy |
| • Constipation | • Proper Elimination |
| • Bloating | • Fewer Toxins |
| • Gas | • Improved Digestion |
| • Weight Gain | • Weight Loss |
| • Brain Fog | • Mental Clarity |
| • Heavy Feeling | • Lighter Feeling |
| • Bad Breath | • Fresh Breath |
| • Bad Skin | • Clear Skin |
| • Headaches | • Clear Mind |

If your answer is "Yes," consider a colon cleansing program.



Start feeling lighter today by eliminating constipation, gas and bloating

A gentle, yet effective formula in easy-to-take capsules

Our best-selling Fiberzon product, Fiberzon Plus™ comes in easy-to-swallow capsules. A gentle, yet more aggressive formulation than Fiberzon powder, it has the same synergistic blend of 15 organic Rainforest herbs. We've added Rhubarb Root to the basic formula, which helps encourage regular bowel movements and cleansing. In addition, Fiberzon Plus helps maintain healthy intestinal flora and addresses all areas of the elimination system.

Other Rainforest herbs, like Sangre de Drago, help nurture a healthy lining of the stomach and intestines, stimulate liver function, and support healthy colon activity for elimination of toxins from the body. Make Fiberzon Plus a regular part of your cleansing regimen and help rid yourself of those sluggish, bloated feelings that just seem to wear you down.

Fiberzon Plus (90 ct.) **\$30**
Fiberzon Plus (270 ct.) **\$79**

Fiberzon Plus currently not available in California.



Fiberzon should be a main staple of everyone's diet to stay healthy and regular. I recommend this routinely in my practice.

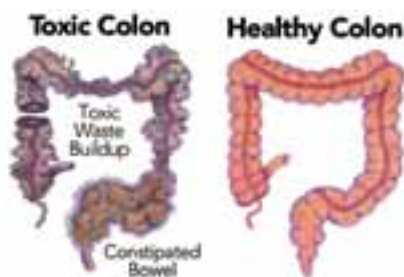
James Hawver
Naturopathic MD

Fiberzon & Fiberzon Mint Ingredients: Psyllium, Hibiscus, Licorice, Fenugreek, Flax Seed, Boldo, Slippery Elm, Oat Bran, Uña de Gato, Artichoke, Quebra Pedra (Chanca Piedra), Camu Camu, Jatoba, Papaya, Sangre de Drago, Other Ingredients: Mint Flavor (in Mint formula only).
Suggested Use: For best results vigorously blend 1 scoop of Fiberzon with 8 oz of pure, cool water or 4 oz of non-acidic juice and 4 oz of pure water. In addition, drink 8-10 glasses of pure water a day.

I am impressed with how well Fiberzon Plus works in softening the stool and making elimination easy. This is an effective formula. I'm excited about this because many of my clients request a simple capsule solution for their cleansing and detox needs.

John Terrusa, Licensed Colon Therapist

Colon Cleansing



What does your colon look like?

Take a look at the box to your left. If you answered "yes" to any of these challenges, then it is time to start a healthy cleansing regimen that will get you back on track. Amazon Herb has created a completely natural detoxing program that provides quick results. It gently stimulates elimination, cleansing the colon and purging harmful toxins from the body. You'll feel lighter and more alert with a sense of renewed energy.

Fiberzon: The Colon Cleansing Solution

Works like an intestinal broom to cleanse and eliminate toxins gently

Fiberzon™ is a synergistic blend of fibers and botanicals recognized for centuries for their cleansing properties. As an internal cleansing program, this special formula's blend of 15 organic Rainforest herbs supports the body's intestinal hygiene, which is paramount to optimal health. Fiberzon works like an intestinal broom to gently cleanse and eliminate unwanted waste. Designed as a detoxifying, energizing, and revitalizing program, each container holds a one-month supply. It is recommended as an on-going program for daily cleansing.

Available in regular or tasty mint, Fiberzon is a powdered formula that can be mixed with water or juice or add it to your favorite smoothie.

Fiberzon (500 grams) **\$38**
Fiberzon Mint (500 grams) **\$38**

Fiberzon currently not available in California.



CLEANSING AND DETOX



Enjoy your food – without feeling full or bloated

Two formulations available,
Digestazon Plus with
extra enzymes

Our Digestazon formulas help stimulate liver function, reduce gas and other minor digestive problems, and greatly improve digestion with healthy intestinal flora. Both also contain enzymes, which, aside from assisting in digestion, help break down protein residues in the blood that can, at times, cause problems like inflammation and allergies.

Digestazon includes Carqueja, Boldo, Star Anise, and Peppermint. Carqueja supports the healthy functioning of the stomach and intestinal system. By stimulating waste elimination, Boldo promotes good health and creates balance throughout the urinary

and digestive systems. Added to these Rainforest treasures is Anise, which was originally used in ancient Egypt to encourage overall digestive comfort.

Digestazon Plus builds on our proven Digestazon formula. To help facilitate the breakdown of proteins, lipids, and carbohydrates, we've added nine extra digestive enzymes. These enzymes work by preparing the food in the stomach for optimal digestion in the intestine.

To learn how Digestazon Plus can help reduce inflammation, see pages 28-29

Digestazon Plus (90 ct.)

\$29

Digestazon Plus (270 ct.)

\$65

Digestazon Liquid (8 oz.)

\$53



I started taking Digestazon Plus during my meals and I feel great. I no longer experience that heavy, bloated feeling like I ate too much. I have always had trouble with digestion but now I don't have to be concerned with having an upset stomach after every meal.

Susan C., West Palm Beach, FL



**Hurry! Our Celebration
Sale is limited while
supplies last or until
January 31, 2013.**

Digestazon Plus Ingredients: Star Anise, Carqueja, Peppermint, Boldo, Plant Enzyme Blend: Amylase, Protease 4.5, Invertase, CereCalase (Phytase, Hemicellulase, Beta-glucanase), Bromelain, Lipase, Glucoamylase, Peptidase FP, Malt Diastase, Other Ingredients: vegetable cellulose.
Suggested Use: 1 or 2 capsules with meals or as desired.

Digestazon 8oz Ingredients: Star Anise, Carqueja, Peppermint, Boldo, Other Ingredients: purified water, pure grain alcohol.
Suggested Use: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.

**THE AMAZON
HYDROLOGICAL CYCLE**
THE AMAZON RELEASES
20,000,000,000
TONS OF MOISTURE INTO THE ATMOSPHERE **EVERY DAY**

**MOISTURE
THAT HELPS
FEED THE
WORLD
IN THE FORM OF
RAINFALL**

**THIS HYDROLOGIC CYCLE HELPS REGULATE
GLOBAL TEMPERATURES**

Don't let environmental impurities slow you down

Help guard your body against pollutants

We specifically designed Envirozon to assist the body in releasing environmental impurities and toxins through cleansing while providing strong antioxidant support for the liver and kidneys. This formula contains Jurubeba, which aids liver function. Chanca Piedra is said to fortify the body's natural filtering organs while stimulating its defense system. The Rainforest herb Boldo helps protect against re-absorption of detox by-products and also serves as a strong antioxidant. Many of our customers report using Envirozon for digestive upset due to over-indulgence in food or alcohol.

Envirozon (90 ct.)
Envirozon Liquid (8 oz.)

\$50
\$53

Envirozon Ingredients: Jurubeba, Chanca Piedra, Alfalfa, Artichoke, Boldo, Uña de Gato, Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.

Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.

Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.



CHANCA PIEDRA

Translated in Spanish means "stone breaker" or "shatter stone." It has been used for generations by Indigenous peoples of the Amazon as an effective ingredient for gallstones, kidney stones and other kidney-related problems. Also used as a digestive aid, Chanca Piedra supports liver function and helps with colitis and intestinal issues while maintaining a healthy cholesterol metabolism. Found in: Fiberzon, Envirozon, Treasure Tea.



BOLDO Boldo contains an antioxidant called boldine, which is used to treat symptoms of liver and bowel dysfunction including constipation, gas, and poor digestion. It acts as a tonic for the organism and helps combat weakness and dizziness often associated with a congested colon.

Found in: Fiberzon and Envirozon.



JATOBA

Known to help decongest the urinary tract, Jatoba aids in reducing bladder inflammation and prostate infections. The bark, leaves and resin of Jatoba have been shown to have strong antifungal and antimicrobial properties. In folk medicine, Jatoba has a long history of use by the Indigenous peoples of the Amazon Rainforest to help with diarrhea. Found in: Fiberzon and Treasure Tea.



Flush your body of toxins with a delicious cup of tea

Such a pleasurable way to give yourself a good turn! Each sip of our Rainforest Treasure Tea contains herbs like Chanca Piedra to stimulate kidney function, an important agent of detoxification. We've also added Uña de Gato, which provides strong antioxidant nutrition to assist in the detoxification process. Jatoba in turn helps cleanse the blood. For more information on both Rainforest Treasure and its sister tea, with Yerba Matte as its base, Rainforest Matte Tea – please turn to pages 20-21.

Rainforest Treasure Tea (20 tea bags)
Rainforest Treasure Tea (40 tea bags)
Rainforest Treasure Tea (200 tea bags)

\$15
\$23
\$135

Get two Treasure Teas – one for office, one for home – for the price of just one. See page 3.

Amazon Herb Collection Cleanse & Detox Wellness Pack

Combine the positive effects from each product in this completely natural cleanse and detox program that will provide quick results. You can help your body naturally rid itself of accumulated waste material in the colon and intestines. Regular elimination removes toxic build-up and returns your

health to optimal levels. The complete pack contains: Fiberzon Mint, Fiberzon Plus, Rainforest Treasure Tea, Envirozon and Camu Gold. Add Digestazon Plus with digestive enzymes to help break down proteins and cleanse the digestive tract.

	Sold Individually	Sold in Pack	You Save
Pack Price	\$162	\$139	\$23
With Booster	\$191	\$149	\$42

Fiberzon currently not available in California. Packs not eligible for this month's special offer.



Order by phone at **1-800-835-0850** (8 am - 5 pm EST)

Losing weight: A commitment to a new lifestyle

Nutrients targeted toward your metabolism and digestion

By now, most of us know, in our heart of hearts, that permanent weight loss is the result of a change in lifestyle – eating less and exercising more. But nutrients targeted toward your metabolism and digestion can assist in the process of shedding weight and acquiring the body of a healthier, more vibrant and energetic new you.

The herbs found in the Amazon Herb Weight Loss Collection can help you in this process. Each is linked to improved digestion, detoxification and metabolic support, while providing

other nutrients as fuel. The result: You'll feed your body the essentials it needs to run efficiently and you'll feel less hungry and have fewer cravings while your metabolism increases.

A strategy of healthy supplementation often makes the difference. For a series of audio broadcasts about weight loss and to hear people's real experience with our products, please visit AmazonHerb.net, click on the News/Events tab, and select Product Spotlight to hear "Real People, Real Results" testimonial calls.



Natural colon cleansing for health and energy



A clean intestinal tract is vital to optimal health, energy and the absorption of vitamins and minerals. It also supports healthy colon activity for the elimination of toxic waste – a process that assists in weight loss. For a complete description of the benefits of Fiberzon Plus™, please turn to page 5.

Fiberzon Plus (90 ct.) \$30
Fiberzon Plus (270 ct.) \$79

Currently not available in California.

Assistance for optimal digestion



Digestazon Plus™ helps support weight loss by preparing the food in your stomach for optimal digestion. It also assists in nutrient absorption, easing bloating and digestive discomfort, while maintaining healthy intestinal flora. For more on Digestazon Plus, see page 6.

Digestazon Plus (90 ct.) \$29
Digestazon Plus (270 ct.) \$65
Digestazon Liquid (8 oz.) \$53

The Amazon Herb Daily Weight Loss Routine

Start the Day	1 capsule of each: Illumination , Metabazon and Aquazon	Illuminate your day with concentrated Rainforest nutrition to support energy, metabolism and healthy blood sugar.
Breakfast	1 capsule of Digestazon Plus	Combine your meal with digestive enzymes that help break down proteins, fats and carbohydrates and help to absorb nutrients.
Lunch	1 capsule of Digestazon Plus	Combine your meal with digestive enzymes that help break down proteins, fats and carbohydrates and help to absorb nutrients.
Mid-Afternoon	2 capsules of each: Illumination , Metabazon and Aquazon	Your afternoon mineral boost to increase metabolic functions and control cravings.
Dinner	1 capsule of Digestazon Plus	Combine your meal with digestive enzymes that help break down proteins, fats and carbohydrates and help to absorb nutrients.
Before Bed	2 capsules of Fiberzon Plus with 8 oz. of water	Supports healthy colon activity for elimination of toxic waste to assist in weight loss.



Help improve your metabolic functions

One of the main ingredients in Aquazon™ is Fucus. It has been used for centuries in Europe for weight management and to stimulate lymphatic circulation. Recent studies have shown that Fucus promotes healthy tissue growth, stimulates the immune system and helps maintain balance of blood glucose levels – all of which are important when starting a weight loss regimen. In addition, Aquazon offers a rich source of trace minerals and micronutrients that help improve metabolic function, enhance concentration and elevate the mood. To learn about the additional benefits of Aquazon, please go to page 10.



Aquazon (90 ct.)
Aquazon (270 ct.)

\$25
\$65

The benefits of the Rainforest in a simple tonic

A special blend of 37 botanicals to supplement your diet

Whether you take Illumination™ in our convenient Liquizon capsules or add a couple of tablespoons of liquid into a glass of pure water, you'll find that, taken daily, it assists in proper digestion and metabolic function by cleansing, detoxifying and serving as a tonic to all organs.

It also aids in:

- Promoting cardiovascular health with powerful antioxidants
- Increasing energy and vitality while supporting your thyroid
- Feeding your body essential nutrients not found in today's diet.



Also contains, Yerba Mate, Cavalinha (Horsetail), Lemon Grass, and Cornsilk. For a complete profile, see the ingredient list below.

Illumination (90 ct.)
Illumination Liquid (8 oz.)

\$50
\$53

Illumination Ingredients: Uña De Gato, Jatoba, Fucus, Pau D'arco, Tayuya, Anise, Suma, Carqueja, Pedra Hume Caa, Cavalinha (Horsetail), Alfalfa, Artichoke, Bitter Orange, Boldo, Cajueiro (Cashew), Espinheira Santa, Jurubeba, Mulungu, Passion Flower, Chanca Piedra, Abacateiro, Catuaba, Chamomile, Cipo Cabeludo, Cornsilk, Lemon Balm, Lemon Grass, Muira Puama, Pata De Vaca, Peppermint, Sarsaparilla, Stevia, Yerba Mate, Chuchuhuasi, Picao De Praia, Sangre de Drago, Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.

Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.

Balance your metabolism and reduce cravings

Works to convert your carbs into energy throughout the day

Could it be any clearer: We're a nation of carb addicts. Carbohydrates give us much needed fuel, but too many improperly digested carbs can leave us depleted of energy, particularly in the afternoon during what we all know as the "afternoon slump."

Carbohydrates are broken down into sugars (glucose) during digestion. Metabazon™ can help facilitate your ability to convert carbohydrates into energy consistently throughout the day, countering afternoon energy slumps and sweet cravings that may be associated with poor metabolism of sugars.



Metabazon is a proprietary blend of South American and European herbs. As an energy regulator, it may help keep your energy stable while hindering the need to indulge in food when you start feeling your spirits begin to sag. More research that shows Metabazon supporting healthy liver and pancreas function may be found online at AmazonHerb.net.

Metabazon (90 ct.)
Metabazon Liquid (8 oz.)

\$50
\$53

Amazon Herb Collection Weight Loss

In the Weight Loss Collection, you'll receive everything you need to start losing weight and keeping it off. The full line contains: Digestazon Plus, Fiberzon Plus, Metabazon, Illumination, and Aquazon (all 90 ct.). As 'Amazon John' says: "My 20 years of experience with Rainforest botanicals has helped us to deliver the healthiest weight loss strategy on the market. Each herbal product provides the best in metabolic and digestive support. Collectively, they are the perfect combination of nutrients to help you lose weight, increase your energy and re-balance your life."



	Sold Individually	Sold in Pack	You Save
Pack Price	\$184	\$140	\$44

Metabazon Ingredients: Pedra Huma Caa, Cajueiro, Artichoke, Pata De Vaca, Sarsaparilla, Stevia, Alfalfa, Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.

Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.

Aquazon Ingredients: Blue Green Algae, Marine Fucus Algae.

Suggested Use: Take 1-2 capsules once or more a day as desired.

Fiberzon currently not available in California.
Packs not eligible for this month's special offer.

ENERGY AND PERFORMANCE

The Amazon Warrior: The ultimate symbol for vitality and strength



Warrior™ provides maximum energy for maximum performance. It helps to increase the body's ability to release strengthening agents while facilitating clarity and stamina. If your sport, work or lifestyle is highly demanding, your performance will benefit from Warrior.

Warrior skillfully blends two traditions. It brings together the Chinese herbs used in a formula by martial arts practitioners in a Shaolin Temple, with Amazonian Catuaba, Sarsaparilla and Muira Puama.

The result is a power-packed tonic that boosts your energy flow, mental focus and endurance, and helps to shorten your recovery time. To learn more about the additional benefits of Warrior, turn to page 25.

Warrior (90 ct.) \$50
Warrior Liquid (8 oz.) \$53

Unleash your inner power A potent blend of Amazon herbs to supplement your workout



Whatever your level of athletic or physical activity may be, the nutrients in Amazon Power Shake™ support increased stamina, muscle strength, and recovery. Amazon Power Shake is packed with raw, wild foods from the Amazon and Andean Highlands that provide the life nutrients your body needs to operate at peak performance.

This potent synergistic blend contains five sustainably harvested herbs including Maca and Chuchuhuasi. The rich profile of protein, amino acids and other nutrients found in Maca support stamina and endurance, and facilitate increased strength and muscle tone. Indigenous peoples have long used Chuchuhuasi as a pain reliever and muscle relaxant.

Amazon Power Shake (500 grams) \$59

Currently not available in California.

Amazon Power Shake Ingredients: Maca, Chuchuhuasi, Kiwicha, Muira Puama, Suma.
Suggested Use: Blend 1-2 scoops per day in your favorite juice, nut milk or smoothie.

Get mentally ready for your next workout

Enhance your mood while
lifting your energy level



Some days, your mental and physical energy sags and you find yourself unable to perform at your best. Now you can refresh your mind and energize your entire body with Aquazon™, a unique, synergistic combination of wild freshwater algae and sea algae.

The rich source of trace minerals and micronutrients found in Aquazon help improve metabolic function, enhance concentration and elevate the mood. Additionally, recent studies have shown that the type of algae used in Aquazon helps promote regeneration and longevity. The addition of Fucus (bladderwrack) stimulates the immune system and encourages healthy tissue growth.

Aquazon (90 ct.) \$25
Aquazon (270 ct.) \$65

Recovazon: A natural boost for faster recovery



While you are working out, you are putting stress on your muscles. With that, comes muscle aches and pains. Afterwards, your muscles need a chance to rebuild in order to grow stronger. We developed Recovazon™ to help assist in your recovery. Ingredients like Dong Quai are known to help stimulate blood circulation, which assists in the healing process. To learn more about its many benefits, turn to page 29.

Recovazon (90 ct.) \$50
Recovazon Liquid (8 oz.) \$53

Warrior Ingredients: Muira Puama, Sarsaparilla, Catuaba, Chinese Yam, Astragalus, Atractylodes, Rehmannia, Costas Root, Dong Quai, Licorice, Snakegourd, Tangerine Peel, Fennel, Aquilaria. Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.
Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.
Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.

Sumacazon Ingredients: Maca, Muira Puama, Suma, Stevia. Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.
Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.
Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.



Enhance your lifestyle with greater energy and stamina

Building endurance requires determination and dedication

The elite athlete, the weekend warrior, the individual getting back into working out, or those whose daily work requires significant physical exertion – all require the rapid delivery of nutrients to the muscles, good lymphatic circulations to drain the by-products of muscle activity, and good hormonal support to help build stronger muscles and a stronger body. The Energy and Performance collection of products will assist you in gaining the competitive edge you've been looking for.

Want to feel healthier and have more energy?

Sumacazon™ is a blend of four exceptional botanicals that have long been revered by the people of Brazil and Peru for their healthy and energy-enhancing properties. This premiere formula promotes energy through endocrine balance, aids in strengthening the skeletal structure, and has a wide-spectrum of trace minerals and phytonutrients that help you feel strong, stable and relaxed.

One of the key ingredients in Sumacazon is Maca root, used for energy, longevity and fertility. It has also been widely taken by athletes to enhance energy levels and help build muscle mass and strength. The people of Amazonia have recognized Suma root as an adaptogen for energy and longevity. Indigenous peoples have used Muira Puama for strengthening the nervous system and providing energy.

Sumacazon (90 ct.)
Sumacazon Liquid (8 oz.)

\$50
\$53



Amazon Herb Collection

Energy and Performance

The Energy and Performance Pack is for everyone – from those beginning an activity program to those seeking to achieve peak physical performance. The Energy and Performance Pack consists of Amazon Power Shake (500 grams), Sumacazon, Recovazon, Aquazon (all 90 ct.) and with the special booster pack, Warrior (90 ct.).



	Sold Individually	Sold in Pack	You Save
Pack Price	\$184	\$159	\$25
With Booster	\$234	\$179	\$55

Amazon Power Shake currently not available in California.
Packs not eligible for this month's special offer.



SUMA

Often called “para todo” meaning for everything, Suma is a rich source of amino acids and has a long history of use in Brazil. It is known for its adaptogenic properties for energy and longevity. Found in: Sumacazon and Amazon Power Shake.



MACA

Maca has a rich profile of protein, amino acids and other nutrients that support stamina and endurance, promote hormonal balance and facilitate increased strength and muscle tone. Identified as an adaptogenic herb, Maca supports endocrine health and helps regulate metabolism and energy. Found in: Sumacazon and Amazon Power Shake.



KIWICHA

A gluten-free grain that is filled with antioxidant pigments, Kiwicha provides an excellent source of protein and a good balance of essential amino acids. It is known to promote cardiovascular health and provide strength and energy. Along with Maca, it is one of the earliest known food crops of the Incas. Found in: Amazon Power Shake.



TESTIMONIALS

My two grand-daughters started taking a daily Arcozon capsule before the school year started. For the first time EVER, they both received perfect attendance at the end of the school year.

Dale H.,
Colonial Heights, VA



Uña de Gato is becoming known and sought after by wellness experts throughout the world for its superior health properties. I was thrilled to use it and proudly recommend it to my family and friends.

Christina F.,
Santa Barbara, CA



50%
OF THE WORLD'S
**PLANTS &
ANIMALS**
ORIGINATE FROM
RAINFORESTS

LIFESTYLE TIP

Exercise can mobilize the body's own defense mechanism (natural killer cells), which can seek out and destroy cancer cells and cells infected by viruses. Be sure to add a physical exercise program to your life. Increased oxygen in the blood will also help neutralize free radicals.



Uña de Gato Ingredients: Uña de Gato, Other
Ingredients: 90 ct vegetable glycerin, vegetable
cellulose (capsule) or
8 oz purified water, pure grain alcohol.
Suggested Use: Take 1-3 capsules a day as
desired to maintain or accelerate well-being.
Suggested Use 8oz: Shake well before using.
1 teaspoon in a cup of pure water once or more a
day as desired.

Uña de Gato helps support strong immune function

Called one of the most important botanicals of our time

Uña de Gato is considered by many to be, perhaps, the most important botanical of our time because of its ability to support the immune system. Studies have documented the presence of oxindole alkaloids in the bark of Uña de Gato that strongly support the immune system. This has led to its use around the world as an important natural supplement to stimulate a strong immune and defense system. Uña de Gato is also known as a cleanser. It helps support the digestive system, intestinal tract and helps with bowel functions.

Another vitally important feature of Uña de Gato is its array of phytochemicals, including polyphenols. These have been shown to assist the antioxidant response of the body and serve as free-radical scavengers. Indigenous tribes have also used Uña de Gato for enhancing cardiovascular health.

Uña de Gato (90 ct.) \$50
Uña de Gato Liquid (8 oz.) [in a box] \$53

UÑA DE GATO

Uña de Gato or Cat's Claw is a tropical vine that grows in Rainforest and jungle areas in South America and Asia. The vine gets its name from the small thorns at the base of its oviform leaves, which looks like a cat's claw.



These claws enable the vine to attach itself around trees climbing to heights up to 100 feet. When the vine is cut at about three feet above the ground, the root remains undisturbed and the vine will grow back to its full size within a few years.

Many cultures native to the Amazon Rainforest have benefited from Uña de Gato for centuries. The Ashaninka, who are considered the most knowledgeable about it, refer to Uña de Gato as the "Sacred Herb of the Rainforest." They

use it to treat the respiratory system, various forms of joint pain, to recover from childbirth, as a kidney cleanser, to cure deep wounds, to control stomach irritations and maintain a strong digestive system.

In May 1994, the World Health Organization sponsored the first international conference on Uña de Gato in Geneva, Switzerland, where it was recognized as one of the most important medicinal plants of the whole world pharmacopoeia. The oxindole alkaloids found in the bark and roots of Uña de Gato have so far drawn the greatest attention for their effect on the immune system.

Uña de Gato is a key ingredient in a number of Amazon Herb and Amazon Rain Skin Care products. It is employed in many formulas for its anti-inflammatory and antioxidant properties.

Strengthen your natural defenses

Boost your immune system to help ward off illness

In today's challenging environment, you can't over-emphasize the importance of a strong immune system. Aside from protecting us from viruses, bacteria, and microbes, the immune system is involved in destroying abnormal or degenerating cells, repairing damaged tissue, and protecting the body against environmental toxins.

We're just beginning to appreciate the complexity of our immune system and its sophistication in combating everything from the common cold to other, more serious

infectious diseases. Our most common – and critical – steps to building a healthy immune system are a good diet and plenty of rest. Immune boosters can help provide another line of defense to:

- Protect against seasonal health challenges
- Charge your body with concentrated antioxidants
- Build a strong immune system.

Concentrated nutrients: A good offense

A blend of five of the Rainforest's most potent life-enhancing plants

Arcozon™ is a unique, proprietary blend of powerful Amazon herbs, combined with other known immune enhancers, to round out the formula. Pau d'Arco is traditionally used in South America and around the world to stimulate the immune system.

Arcozon also contains Jatoba and Uña de Gato, two of the best anti-inflammatory herbs found in the Amazon. The addition of Suma helps Arcozon act like a true adaptogen, assisting the body in coping with emotional and physical stress while supporting immune functions. Many South American Indians consider Muira Puama a tonic for the

nervous system, capable of promoting overall nerve function while protecting against nerve pain and disorders of the nervous system.

Besides helping to support a strong immune system, Arcozon also promotes a healthy microbial balance of your intestinal tract and helps to maintain proper joint health.

Arcozon (90 ct.)	\$50
Arcozon Liquid (8 oz.)	\$53



A rich source of antioxidants

Legendary for its exceptional repairing properties

The combination of antimicrobial, antioxidant repairing and cicatrizing properties makes Sangre de Drago a fascinating yet complex herbal ingredient with exceptional repairing properties. We are yet to discover its many uses. Published research shows that the dry sap of Sangre de Drago is mostly made of proanthocyanidins.

Proanthocyanidins are the most potent known dietary antioxidants. It has been widely used in the Rainforest for its ability to assist skin regeneration and the health of body tissue. Sangre is used internally to help assist in

maintaining a healthy digestive system. Sangre can also be used externally to help stop bleeding and accelerate wound repair. For a full description of this amazing herb, turn to page 27.

Sangre de Drago (90 ct.)	\$50
Sangre de Drago Liquid (1 oz.)	\$19
Sangre de Drago Liquid (8 oz.)	\$79



Arcozon Ingredients: Pau D'Arco, Jatoba, Uña de Gato, Alfalfa, Catuaba, Espinheira Santa, Muira Puama, Suma, Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.

Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.

Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.

Sangre de Drago Ingredients: Sangre de Drago, Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.

Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.

Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.

Camu Camu: A power-packed nutritional essential

Highest in natural Vitamin C, rich in amino acids and phyto-chemicals

Many people are just now discovering the amazing benefits of Camu Camu, called by many the Amazon 'feel good' fruit. As a pioneer in Rainforest nutrition, Amazon Herb has been leading the pack, offering some of the most effective Camu Camu-based products on the market.



Surprise your body with therapeutic effects

Certified Organic Camu Camu in 100% pure powder

Delivering a wide-range of essential nutrients, Pure Camu contains more natural Vitamin C than any other food source, which means that it aids in strengthening the immune system, is high in antioxidants,

and is filled with serotonin, a mood-balancing chemical that is associated with a sense of well-being and happiness. But that's not all you'll find in this power-packed little fruit that grows wild along the Amazon. The plant is loaded with amino acids – leucine, serine, and valine – that are not manufactured and stored by our bodies. We need to replace them every day. A glass of Pure Camu mixed in water makes it easy.

Pure Camu (30 freshpacks) \$53



Our Camu Camu trees are organically grown in the Amazon basin and thrive in the nutrient-rich biomass of the world's richest living ecosystem. This unique origin is one of the secrets to Camu Camu's immense repairing potential.

The Camu Camu berry not only delivers the most concentrated source of naturally occurring Vitamin C in the world, but also contains a wide variety of vital micronutrients that are essentials for an energetic body and a sharp mind. Camu Camu is available here in pure form – convenient liquid and powder – and as an essential ingredient in both Zamu and our best-selling Amazon Rain serum.

Help protect your skin from free radicals

Infuse your skin with all natural antioxidants with our light, easily absorbed Camu C Serum. This superior skin repair system features Camu Camu. To it, we add Sangre de Drago, which is widely known to support skin repair and regeneration. Our serum penetrates deep into the skin's surface to stimulate healthy collagen production. Your skin feels firmer, and helps give you that healthy glow. For more on Camu C Serum and other Amazon Rain products in our Skin Care Collection, please turn to pages 16-17.



Camu C Serum (30 ml.) \$65

DIRECT FROM THE SOURCE TO YOU: SUSTAINABLE HARVESTING OF CAMU CAMU AT OUR FIELDS IN PERU



The Choice to Plant
To ensure an ongoing consistent supply for generations, Amazon Herb planted over 28,000 Camu Camu trees in the nutrient-rich soil of the Amazon Basin.



Nourished by the Amazon River
Our Camu Camu trees are grown on the banks of a lagoon in the Amazon floodplain and during the rainy season are completely underwater for almost 4 months out of the year.



Vital Nutrients
As the floodwaters recede, the soil and nutrients from of the world's richest living ecosystem is redeposited. From this soil, the Camu Camu trees are able to pull the minerals they need to produce a natural density of vitamins, amino acids and other nutrients.



A delicious, organic drink to enhance your well-being

A toast that helps bring good health with every sip

For the first time, we have blended the Camu Camu berry and selected fruits and spices – acai, cacao, cinnamon, pineapple, mango, and Sangre de Drago – into a refreshing, tasty drink that promotes a natural state of well-being and provides life-enhancing nutrients. Our specially-formulated, USDA organic-certified Zamu is a natural beverage that contains no soy, wheat, corn, gluten, dairy products or preservatives. For testimonials and more on Zamu, go to pages 30-31 in this catalog.

ZAMU (750 ml. bottle) \$35
ZAMU 4-Pack \$125



Packs not eligible for this month's special offer.



Help elevate your mood, find greater energy, stamina

Jump-start your day and blast away afternoon blues

'Amazon John' calls Camu Gold "liquid sunshine" because it puts a smile on his face and a bounce in his step. A highly concentrated form of pure Camu, Camu Gold aids in unlocking your body's dormant energy with just a few drops. Loaded with vital nutrients – potassium, iron, beta-carotene, calcium, phosphorous, niacin, thiamin, and many, many more – Camu Gold helps wake you up and keep you going without caffeine or synthetic vitamins.

It's easy to carry in your purse or briefcase. When your attention starts wandering during that late afternoon meeting or you're frazzled to the max and late picking up your kids, a blast of Camu Gold will help get you focused and back in the game. Both kids and adults enjoy its delicious tart flavor. You'll wonder how you managed without it.



Camu Gold Liquid (1 oz.) \$21

Camu Gold 6-Pack \$100

Camu Gold 12-Pack \$180

\$26 Savings

\$72 Savings

Packs not eligible for this month's special offer.

CAMU CAMU: THE WONDER FRUIT OF THE AMAZON

More Vitamin C than 30 oranges

But it's not just natural Vitamin C that makes Camu Camu so effective. It also contains a wide-range of bioflavonoids and other phytochemicals. The Camu Camu fruit provides

- 30x more Vitamin C than an orange
- 10x as much iron
- 3x as much niacin
- 2x as much riboflavin, and
- 50% more phosphorus.

Essential amino acids your body can't store

Perhaps the most important micronutrients found in Camu Camu, amino acids cannot be manufactured by our body and cannot be stored for later use. Therefore, they must be supplied every day in the foods we eat.

Leucine: Increases production of growth hormones. Deficiencies may result in fatigue and irritability.

Serine: Supports proper functioning of the brain and nervous system. May benefit memory, sociability, and alertness.

Valine: Used as an energy source in muscles. Promotes mental vigor and calms emotions.

ZAMU Ingredients: Camu Camu, Acai, Cacao, Cinnamon, Pineapple, Mango, Sangre de Drago.
Suggested Use: Enjoy 2 ounces twice a day or as desired. Best served cold.

Camu Gold Ingredients: Organic Camu Camu Concentrate. Other Ingredients: Vegetable Glycerin
Suggested Use: 1 ml. (20 Drops) twice a day or as desired.

Pure Camu Ingredients: Organic Camu Camu Powder.
Suggested Use: Empty the contents of 1 freshpack into a bottle of water, shake vigorously. Can also be blended in a juice or smoothie.



Harvesting Camu Camu

New trees take 6 to 8 years to first produce fruit. Once it begins, the fruiting is quite abundant, with two or more harvests per year. Often this will be done by boat during high waters.



Quality Drying Process

After harvest, the fresh Camu Camu fruits are transported by boat to Amazon's state of the art drying facility. Here the seeds are removed and the fruit dried under

carefully controlled conditions and temperatures to ensure all the nutrients stay intact.



Bringing it Home to You

Camu Camu is used in many Amazon Herb products for its variety of benefits both inside and out. The highest concentration of Camu Camu is found in the products shown on this page.



Help restore your natural ph balance

Awaken your skin to lasting hydration

This calming, cooling mist helps to tone, nourish, and hydrate your skin. Suma and other soothing aqueous botanical extracts provide valuable nourishment while their humectant levels help your skin absorb nutrients and retain moisture. Enjoy the uplifting scents of Melissa and Sandalwood, while these essential oils purify your skin and calm your mind. Great to use immediately following cleansing and exfoliating or any time your skin needs a boost of hydration. Use while traveling or after a long meeting.

Refreshing Mist (50 ml.)

\$30

Break the cycle of dryness

Give brilliance to dull, tired skin

Intensely nourish skin layers and restore elasticity with Deep Nourishing Oil. It's a blend of herb-infused botanical oils naturally extracted from nuts, seeds, and fruits that grow deep in the Amazon Rainforest. Each carefully selected oil is rich in essential fatty acids (EFA's) and complements your skin's natural biology. As a result, your skin feels soft and supple with a youthful, radiant glow.

Deep Nourishing Oil (15 ml.)

\$65



Remove the build-up of dull skin cells

An alternative to harsh scrubs

Savor the satisfaction of deep, effective cleansing with Amazon's alternative to harsh chemical scrubs. Gently removes dead, dull skin cells on the surface to make way for the vibrant new cells beneath. Its unique formula brings together ultra-fine marine silica crystals in a base of active botanicals, essential oils, and marine algae to stimulate circulation and skin cell renewal, helping to reveal fresher, younger-looking skin.

Crystal Exfoliator (60 ml.)

\$40

Amazon Rain Complete Skin Care System

Create the foundation for healthier, more vibrant skin with the Amazon Rain Complete Skin Care System. The Amazon Rain Skin Care line takes the best kept secrets of the Amazon to create a simple path to naturally beautiful, younger-looking skin.

Complete Skin Care System

\$265

• All 6 Amazon Rain Skin Care Products

A Savings of \$30

Packs not eligible for this month's special offer.



Feel the rejuvenating

Setting a new standard in

Many plants in the Rainforest have long been recognized for their therapeutic health value. Now, a growing number of scientific studies have demonstrated the numerous benefits of using these unique botanicals in renewing skin tissue.

Recent discoveries of antioxidant compounds, taspines, and other naturally-occurring phyto-elements in Rainforest plants have set a new standard in natural skin care therapy. These beneficial compounds give you a new natural choice for clear, glowing skin that is vibrant and well-nourished.



kiss of Amazon Rain

natural skin care therapy

Amazon Herb believes that your skin deserves to be treated with effective, soothing products that do not contain harmful chemicals, preservatives or other synthetic agents.

We have specially formulated Amazon Rain products to help balance and nourish your skin naturally.

To learn more about Amazon Rain and their natural Rainforest ingredients go to AmazonRain.net

Cleanse without harmful foaming agents

Unveil more luminous skin

Gently removes dirt, excess oil and makeup, without the use of harmful foaming agents, to leave your skin feeling irresistibly clean.

The pristine blend of such Rainforest plant extracts as Jatoba and Stevia reaches deep into pores to safely lift away impurities while helping to maintain your skin's natural pH balance. Bathe in a rich combination of natural Rainforest botanicals that leave your skin feeling soft to the touch.

Botanical Cleanser (100 ml.) \$30



Protect your skin from free radicals

Supports skin repair

Caress your skin with a topical infusion of natural antioxidants. This superior treatment features Camu Camu, the most concentrated source of naturally-occurring Vitamin C, and Sangre de Drago, which is known to support skin repair and regeneration. This serum penetrates deep into the skin's surface to stimulate healthy collagen production.

Camu C Serum (30 ml.) \$65

Fortify your skin's natural moisture barrier

Boost its natural defenses

A targeted infusion of antioxidant-rich Rainforest botanicals and essential fatty acids help to lock in moisture and fortify the skin's natural lipid moisture barrier. The Rainforest fern, Samambaia, shields skin from harmful environmental factors and reduces the appearance of sun exposure. This silky finishing moisturizer contains no artificial waxes. Replenishing Moisturizer naturally balances hydration while boosting your skin's natural defenses.

Replenishing Moisturizer (50 ml.) \$65



Amazon Rain Essentials: Three Step Skin Care

Rejuvenate your look – almost overnight – with Amazon Rain Essentials, our basic Rainforest-enriched skin care program. It offers a simple, effortless way to begin caring for your skin by addressing the three fundamental requirements for healthy skin – cleanse, treat and hydrate. Use this three-step skin care routine alone or as a foundation for a complete skin renewal system.



Amazon Rain Essentials: \$150

- Botanical Cleanser (100 ml.)
- Camu C Serum (30 ml.)
- Replenishing Moisturizer (50 ml.)

A Savings of \$10

Packs not eligible for this month's special offer.

60-day money back guarantee



4455 Military Trail, Suite 200 • Jupiter, FL 33458

Call 1-800-835-0850 to Order



Try These Amazing Products Risk Free!

If you are not completely satisfied with your products, you can return them to us within 60 days of its order date for a full refund (less shipping). We will replace any defective product within 30 days of order.

Amazon John
'Amazon John' Easterling
Founder

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For shipping and handling rates call 1-800-835-0850 or order online at AmazonHerb.net.



Order Online with Confidence



Go to AmazonHerb.net to find videos on a wide range of Rainforest and supplement topics, an archive of special product audiocasts taped by 'Amazon John' and leading medical experts, and a library of research materials. Online ordering is quick and easy too.

AmazonHerb.net

Questions? Call our Customer Care Experts.

1-800-835-0850
Se habla español!

A safe alternative to toxic household cleaners

So safe, it can be used as a veggie wash, yet powerful enough for those nasty household tasks



What makes Amazon Clean & Green™ so different from regular cleaners – and so effective? It is based on the unique properties of colloidal technology. These properties were discovered in the search for readily biodegradable substances that would clean up oil, dirt, grease and grime without harming people or the planet.

- Natural and chemical-free formula
- Non-toxic plant-based key ingredients
- Powerful cleaning action for even the toughest stains
- Gentle enough to be used on your skin
- Safe for households with children and pets.

Amazon Clean & Green can replace almost every cleaning product in your home and office. It is powerful enough to tackle the toughest cleaning challenges, yet gentle enough to use on your skin.

Clean & Green Concentrate (4 oz.)

\$10

What is colloidal technology?

During the colloidal process, extracts of natural plants are blended in such a way that they create new particles called “colloidal micelles” that work on the molecular level. These tiny organic cells – hundreds of times smaller than regular cells – are attracted to oil and similar molecules. When combined with water, the micelles become super active, squeezing between dirt and grime to separate them. The action actually lifts, separates and emulsifies dirt, grease, oils and stains, breaking them down into harmless substances that can easily be wiped away.

How to use Amazon Clean & Green™

Dilute Amazon Clean & Green concentrate in a spray dispenser. Depending on your cleaning task, add the concentrate to the bottle (see measurements below). Fill the bottle with water (chlorine-free water works best) and shake to mix. You're ready to clean just about anything safely.

Dilute concentrate as follows:

Light Cleaning	1 oz. with 15 oz. of water
Medium Cleaning	2 oz. with 14 oz. of water
Heavy Duty Cleaning	4 oz. with 12 oz. of water

**Pass This Catalog
Along To A Friend**



Printed with
Soy Ink



RECYCLE PLEASE

WALKING THE TALK



The Regional Institute of Growth for Native Communities, based in the Ucayali region of Peru, represents many Indigenous communities. The Institute formally granted a letter of appreciation to Amazon Herb Company for its many contributions, projects and ongoing support to many of the native communities in the area. Pictured are 'Amazon John' and Glorioso Castro, who served as Director of the Regional Institute of Growth for Native Communities.

WHAT WE BELIEVE

Amazon Herb's mission is to help the world recognize the healing values of the living Rainforest. We are committed to:

- Providing access to the healing potential of the Amazon Rainforest
- Supporting a sustainable future for the Rainforest and its inhabitants
- Empowering like-minded entrepreneurs in sharing this vision.

Since 1990, we have worked directly with Indigenous Rainforest communities in Peru. Each year, your purchase of Amazon Herb products enables us to donate to these causes, providing scholarships, helping obtain land titles and deeds, and securing the future of the Peruvian Rainforest.



WHAT WE PRACTICE

While many businesses today are content to earn a “Fair Trade” certification, we believe that it is not enough. Instead, Amazon Herb goes to great lengths to empower and enrich native communities on a village level, who, in turn, share with us their wisdom and centuries-old understanding of Rainforest herbs and how they work in the human body.



Some of Amazon Herb's contributions, projects and support for these native communities include assistance in granting land rights, communications equipment, in the form of solar powered radio cells, water filtration systems, boats, motors and

other equipment, irrigation, sponsoring Indigenous radio programming, medical supplies, herbs, and homeopathic products.



Amazon Herb helped finance a two-story, sixty-foot launch to facilitate the commute along the river.



Shipibo children in Nuevo Eden celebrate the arrival of educational materials from ACEER.

MORE ABOUT ACEER

Our involvement with the Amazon Center for Environmental Education and Research goes beyond financial support. Both 'Amazon John' Easterling and Olivia Newton John-Easterling serve on the Board of Directors. For over 20 years, ACEER has been a dynamic force in Rainforest conservation. It was the first in the Western Hemisphere to pioneer the scientific application of canopy walkway systems. Scientists at ACEER-supported facilities have discovered new plant and animal species, as well as new medicines in their ethno-botanical gardens. It also provides environmental educational programs for children, bringing them supplies and teaching them about the value of the Rainforest. Be part of the solution. For more information about how you can help, contact the ACEER Foundation at Westchester University in Pennsylvania, wcupa.edu/aceer.

TRY ANOTHER REFRESHING TREAT

THE ILLUMINATOR COCKTAIL

- ¼ cup fresh or frozen raspberries
- 1 Tbs. lime juice frozen concentrate
- 6 oz. sparkling mineral water
- 1 tsp. Illumination Liquid (see page 23)

Puree the raspberries and lime concentrate in a blender. Spoon into a glass and add sparkling water. Stir in the Illumination and garnish with a slice of lime.

Nothing beats a spot of tea, hot or iced

Even better, our teas come bearing herbal treasures

Enjoy a cup of Rainforest Tea yourself or share with a friend or someone else you care about. Relax for a few minutes. Just sip and breathe, while you let yourself unwind. You deserve a welcome break from the daily pressures life brings. One cup of our tea is all you really need to take another step closer to the feeling of wellness you desire.

Even if you're not a regular tea drinker, you'll enjoy our teas. Our Rainforest Teas are powerful herbal beverages made from six of the Amazon's most vibrant botanicals, concentrated and designed to deliver an exceptionally tasty and enjoyable beverage. Whether you drink them hot or cold, you'll find them most gratifying.



Like a little sweetener in your tea?

Add Stevia, a guiltless pleasure

Our Stevia dietary supplement extract is a clear one-ounce liquid concentrate. Its small squeeze dispenser makes it convenient to carry in your pocket or purse. Research shows that Stevia contains unique compounds called steviolosides. These steviolosides have been reported to be 300 times sweeter than sugar and are believed to support healthy blood pressure.

Historical accounts tell us that as early as the 1840s, natives of South America used the leaves of the Stevia plant for medicinal purposes. Currently, the benefits of Stevia are being researched to discover more of its many helpful properties.

Stevia Liquid Concentrate (1 oz.)

\$15



Stevia Ingredients: Purified water, Stevia Leaf extract.
Suggested Use: 5-10 drops in 1 oz or more of pure water or as desired.



REJUVENATING REFRESHMENTS

After drinking Rainforest Treasure Tea for one week, my personality changed. I became calm, peaceful and happier.

Adrienne A., Honolulu, HI



Sorry, teapot and cup are not for sale.

A bit of a pick-me-up may be what's needed

The same rich blend of tea with Yerba Mate

Our delicious Rainforest Matte Tea™ brings you the same rich formula of our Rainforest Treasure Tea, with the addition of Yerba Mate, used in Brazil and Paraguay to help stimulate the nervous system and as an energizer. After the Spanish conquest, Yerba Mate became very popular in Europe where it was known as Jesuit Tea, evocative of its ability to enhance mental energy and concentration.



Unlike the caffeine found in coffee, Yerba Mate consists of mateine, a compound similar to caffeine yet non-habit-forming. The ingredients are carefully combined to form a potent beverage that helps provide energy, clarity and immune support.

Rainforest Matte Tea (20 tea bags)	\$15
Rainforest Matte Tea (40 tea bags)	\$23
Rainforest Matte Tea (200 tea bags)	\$135

Re-invigorate your senses

Our Treasure Tea brings you the essence of the Rainforest

With our Rainforest Treasure Tea™, you'll drink in six of the Amazon's most vibrant botanicals that will help provide you with vitality, mental clarity and a renewed sense of energy. Rainforest Treasure Tea is a powerful herbal blend of Jatoba, Uña de Gato, Tahari, Chanca Piedra, Chuchuhuasi and Stevia. Each herb is chosen for the best flavor and fastest delivery of enjoyment – bringing you, we believe, the energy of the Amazon in a cup.

The leaves of Jatoba contain a group of phytochemicals called terpenes and phenolics, which are responsible for protecting the leaves of the tree from leaf fungus. These same antimicrobial compounds are water-soluble and easily transferred to any tea preparation to give you the same antifungal properties. Traditionally, Jatoba has been used in the Amazon to make wine that workers drink to support long hours of hard work in the jungle.

We like to steep our Rainforest Tea for five minutes in piping hot water. On warmer days, we pour it over ice for a refreshing cooler. Hot or cold, it offers a healthy alternative to coffee drinks.

Rainforest Matte Tea Ingredients: Yerba Mate, Jatoba, Uña de Gato, Tahari (Pau d'Arco), Chanca Piedra, Stevia, Chuchuhuasi.

Suggested Use: Use 1 bag per cup in boiling water, let steep for 5 minutes or to taste. To make a pot, boil 4-5 bags in 10 cups of water.



Try something different – Rainforest Tea might just become your beverage of choice.

Rainforest Treasure Tea (20 tea bags)	\$15
Rainforest Treasure Tea (40 tea bags)	\$23
Rainforest Treasure Tea (200 tea bags)	\$135

Rainforest Treasure Tea Ingredients: Jatoba, Uña de Gato, Tahari (Pau d'Arco), Chanca Piedra, Stevia, Chuchuhuasi.

Suggested Use: Use 1 bag per cup in boiling water, let steep for 5 minutes or to taste. To make a pot, boil 4-5 bags in 10 cups of water.



PASSION FLOWER

Known to have a calming effect, it is said that Passion Flower is great for hypertensive children. A mild sedative that soothes the nerves, Passion Flower may also help with hemorrhoids, headaches and menopause. Believed to be an anti-spasmodic, it helps regulate mood swings and blood pressure. Found in: Calmazon.

I have been enjoying one to three Calmazon Liquizons a day. I can feel the relaxation and mental clarity right away. I love to keep my nervous system steady, and the Calmazon does that. I can focus, work and feel strong while feeling at peace.

Joy Clarissa T., Mt. Shasta, CA



MUIRA PUAMA

A bush/small tree that grows up to five meters in height and produces strong smelling flowers with a jasmine-like fragrance, Muira Puama is native to the Amazonian Rainforest. Indigenous peoples have historically made use of Muira Puama by either chewing the bark or brewing a beverage from the bark, stems or roots. It has been used as an aphrodisiac and a sexual tonic that promotes virility and treats impotence. It is also a traditional herb for nervous exhaustion and depression. South American Indians consider it a tonic for the nervous system, capable of promoting overall nerve function while protecting against nerve pain and disorders of the nervous system. Found in: Calmazon and Sumacazon.

Need help relieving stress, unwinding and sleeping soundly?

Try a regimen of targeted calming and relaxation nutritional supplements

Stress and anxiety have become so much a part of today's lifestyle that we sometimes are unaware of how much they affect our daily life. They can alter our mood, concentration and sleep. Stress has been known to contribute in various ways to feelings of depression or apathy. We have yet to truly assess its impact on more serious illnesses. One thing remains sure: Exercise combined with a good diet brings some relief. Meditation practiced regularly has been shown to lower blood pressure. A daily regimen of nutritional supplements that assist in promoting relaxation may also help you manage stress.

Our calming and stress relief products aid in:

- Relaxing the body and combating fatigue
- Soothing the nervous system
- Calming agitation
- Alleviating anxiety
- Relaxing the mind while improving mental clarity.

A natural source of nerve-soothing Niacin

In addition to Vitamin C that is necessary for maintaining balanced levels of serotonin in the brain, the Camu Camu fruit contains B-complex vitamins naturally, which support an optimal emotional state. For more on Pure Camu™, including information on Niacin (Vitamin B3) which promotes the healthy function of nerve cells and helps to soothe feelings of anxiety and panic, see pages 14-15 and research assembled at AmazonHerb.net.



Pure Camu (30 freshpacks)

\$53

Helping you cope with modern stressors

The Suma in Sumacazon™ acts like a true adaptogen, helping the body cope with emotional and physical stress. Adaptogens are metabolic regulators that increase the ability of organisms to adapt to environmental factors, either external (injury or aging) or internal (anxiety). In Brazil, Suma has long been used for the relief of nervous tension and occasional fatigue. For more on Suma, see page 11, and on Sumacazon, pages 11 and 24.



Sumacazon (90 ct.)

\$50

Sumacazon Liquid (8 oz.)

\$53



Help relax the body and soothe the mind naturally

Let go of the stress that's keeping you on edge

In a fast-paced world, we are continually challenged with stressors that create tension and anxiety on both physical and emotional levels.

Calmazon™ helps your body to relieve stress naturally with calming Rainforest botanicals known to help reduce occasional anxiety, soothe the nervous system, promote a healthy sleeping pattern and provide a sense of well-being.

This blend of eight soothing Rainforest herbs includes: Passion Flower, Lemon Balm, Mulungu, Espinheira Santa, Carqueja, Muira Puama, Catuaba, and Chamomile (for more information on herbs, please visit our

website and accompanying sidebars). Natives throughout South America have used Passion Flower for centuries to relax the body and soothe the mind. Lemon Balm has historically been used in Europe as a tea that refreshes the intellect and rests the mind, while providing an energizing sense of calmness.

Melt your stress away, get a good night's sleep and refresh your mind, with a little natural help.

Calmazon (90 ct.) **\$50**

Calmazon Liquid (8 oz.) **\$53**



Amazon Herb Collection Calming and Stress Relief

With our Calming and Stress Relief Pack, you'll receive our array of nutritional supplements that help bring relaxation and calm. The full line contains: Calmazon, Sumacazon (both 90 ct.), and Pure Camu (30 freshpacks). Add a one-ounce Camu Gold as a special booster product.



Product Spotlight: Sumacazon

Visit our website to hear audiocasts on a variety of Amazon Herb products, like the many benefits of Sumacazon. Just click on the tab "News/Events" and choose Product Spotlight.

	Sold Individually	Sold in Pack	You Save
Pack Price	\$153	\$129	\$24
With Booster	\$174	\$139	\$35

Packs not eligible for this month's special offer.

Calmazon Ingredients: Espinheira Santa, Passion Flower, Mulungu, Catuaba, Carqueja, Chamomile, Lemon Balm, Muira Puama, Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.
Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.
Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.



I struggled for years with female imbalances. After four days of taking Lunazon, I'm feeling better than ever – minimal jet lag, better sleep – it may be a miracle!

Linda M., Stuart, FL

A versatile herb supporting hormonal balance

Along with Maca, Suma is one of the key ingredients in Sumacazon™. Although Suma has been used as a food to provide physical stamina and endurance, South American Natives have also used it for centuries for wounds, skin rashes, low energy, and to enhance and balance sexual energy. The benefits of Suma are such that Indigenous peoples of the jungle call it “para todo,” a Spanish word that means “for all things.” For more on Suma and Maca, see detailed explanations on page 11.



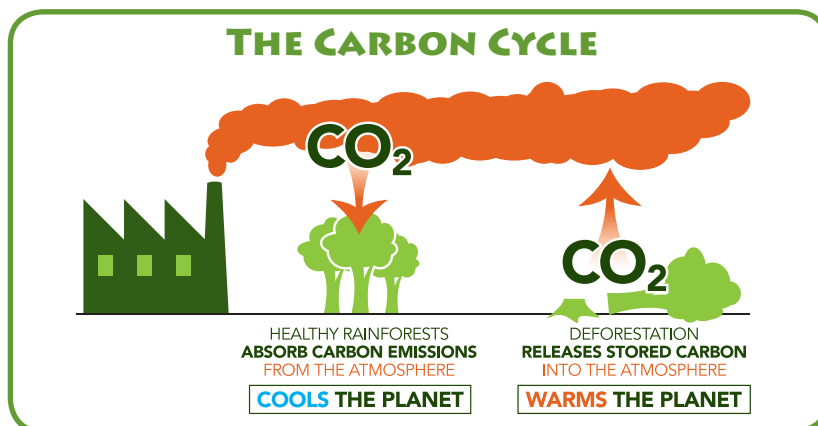
Sumacazon (90 ct.) \$50
Sumacazon Liquid (8 oz.) \$53

Hormonal imbalances affect us at different stages of life

Left untreated, they may lead to serious illness

Our bodies change daily throughout our lives. But we are most aware of change as we move from childhood through adulthood during puberty. Women especially undergo strong hormonal changes during and after child-bearing years. Simply stated, hormonal imbalance is defined by many as the improper functioning – under- or over-production – of the

physiological messengers that regulate our body's system, influencing everything from blood pressure to sleep. Hormones play important roles in growth, cell repair, appetite, metabolism, and fertility, to mention just a few ways they affect us. Hormone imbalance happens to both men and women, most commonly in adults beyond middle age.





HORMONAL BALANCE

Helps avoid mood swings and irritability

Assists in balancing natural female hormonal cycles

Lunazon™ is a tonic that assists the female body's natural ability to restore harmony. Health care practitioners report that many women may experience levels of emotional or physical imbalances during monthly hormonal changes.

Lunazon is an ancient formula that has been used for ages to support women's health. It helps to alleviate PMS symptoms, such as low energy, irritability and mood swings.

Lunazon contains Suma, Mulungu, Passion Flower and Abuta. For centuries, South American Natives have used Abuta to address female health issues.

Use Lunazon daily to promote healthy hormonal cycles. Some of our customers report that Lunazon has helped them to:

- Gain a greater sense of calm
- Feel supported during times of emotional trauma
- Experience less stress, anxiety and mood swings.



Lunazon Ingredients: Abuta, Suma, Mulungu, Espinheira Santa, Jatoba, Lemon Balm, Passion Flower, Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.

Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.

Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.

For increased vitality and strength



For years, serious and occasional athletes have chosen Warrior™ for its widely known effects on strengthening and toning muscles. One of its ingredients – Catuaba – has reportedly enhanced libido. Another, the herb Aquilaria may contribute to maintaining the strength

of the nervous system. A power-packed formula, Warrior blends the best of Asian and South American herbs to help you maintain a positive flow of energy while stabilizing and balancing fluctuating hormones. For additional descriptions of the benefits of Warrior, please check out page 10.

Warrior (90 ct.) \$50

Warrior Liquid (8 oz.) \$53

MAINTAINING BALANCE

There are many things you can do to help keep your body in balance:

1. Get plenty of sleep.
2. Eliminate all artificial sweeteners.
3. Avoid foods that stress your adrenals (the glands that help you respond to stress), such as alcohol and caffeine.
4. Use supplements that assist in balancing your hormones.



60-day money back guarantee



SANGRE DE DRAGO

Also known as “Dragon’s Blood,” Sangre de Drago is a fast growing tree reaching up to 60 feet in height and is found throughout the tropics and the Amazon regions of South America. When you cut the trunk of the tree, a dark red sappy resin oozes out as if it were bleeding.

The Sangre plant is an example of morphism, the relationship between the utilization of an herb and its physical properties that are reminiscent of the organ or bodily fluids. Example: the sap of the tree is red like blood. The Indigenous peoples often applied Sangre to wounds after accidents made from cutting paths through the jungle. The leaves of the tree are heart-shaped. It’s been shown that the antioxidants in Sangre help support healthy cardiac functions.

Find Sangre in many of our herbal formulas to help support intestinal and cardiovascular health, and in our skin care line for skin repair and rejuvenation.



GRAVIOLA

A medium-sized shrub growing in the Amazonian jungle, Graviola trees produce a delicious fruit called “paw paw,” which is widely consumed by the Indigenous peoples. All parts of the Graviola tree are used in natural medicine, including the bark, leaves, roots, fruit, and seeds.

In Peru, a leaf tea is used for catarrh (inflammation of mucous membranes).

Discover the healing properties of the Amazon

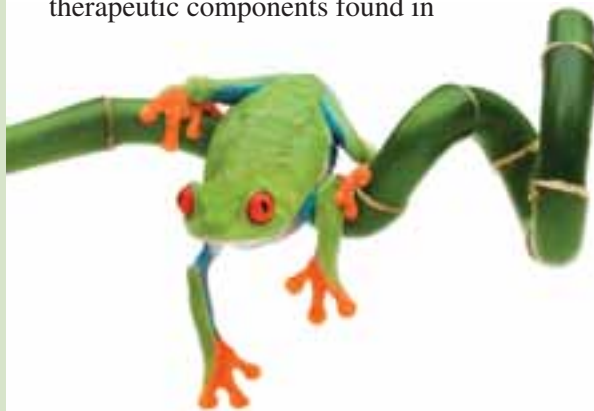
Nature’s most concentrated source of life-enhancing nutrients

Deep in the Amazon Rainforest, a life-sustaining cycle of fresh rain nourishes pristine botanicals. Rain is the vital essence and life force of the Rainforest, providing nutrients for growth and regeneration.

With over 215,000 species of plants, the Amazon Rainforest has been called the greatest celebration of life on earth. But, only a mere 3% of all Rainforest plants have been studied for their therapeutic values. There are nutritional and therapeutic components found in

Amazon plants that offer a unique profile of elements that are simply not available from any place else on earth. Amazon Herb captures the essence of this concentrated life energy to help renew your health and vitality.

The plants highlighted on these pages thrive in the Amazon Rainforest. Read on to learn more about the benefits of Sangre de Drago and Graviola.



Hurry! Our Celebration Sale is limited while supplies last or until January 31, 2013.



Assisting healthy cell growth

Indigenous peoples’ secret for lymphatic and circulatory support

The native Amazonian peoples have a long and rich history using Graviola for its many diverse healing properties, particularly for immune, circulatory, and lymphatic support. The leaves of the Graviola tree contain natural compounds that are said to be effective in protecting against abnormal cellular division, which means that they assist the immune system in cleansing abnormal tissue growth. Research since the 1940s has validated and expanded the understanding of this herb and its unique phyto-nutritional benefits.

Pregnant and nursing women should not use Graviola.

Graviola Liquid (8 oz.)

\$53

Graviola Ingredients: Graviola, Other Ingredients: purified water, pure grain alcohol.
Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water.

LIFE-ENHANCING NUTRIENTS FROM THE RAINFOREST



The legendary super antioxidant from the Rainforest

Aids in accelerating skin regeneration and healthy tissue growth

Sangre de Drago reigns first among the most legendary botanicals from the Amazon Rainforest. For centuries, its sap has been painted on wounds by Indigenous peoples to help slow bleeding and to accelerate skin regeneration and healthy tissue growth. When taken internally, it helps maintain a healthy lining of the digestive system.

A recent study confirmed the beneficial properties of Sangre and identified alkaloid taspines as an active component. Taspine increases the migration of human fibroblast cells responsible for skin and tissue regenerations.

It was also discovered that the dried sap of Sangre de Drago contains 90% pro-anthocyanidins (OPCs). Pro-anthocyanidins are the most potent dietary antioxidants known today. It's these antioxidants that help to promote natural processes in the body by assisting in collagen production and overall skin health.

It is also a great topical antioxidant for blisters, bug bites or stings, as a thin layer immediately forms over the lesion and seals the wound. In minutes, you'll notice symptoms of pain, itching, swelling and redness reside.



Sangre de Drago (90 ct.) \$50
Sangre de Drago Liquid (1 oz.) \$19
Sangre de Drago Liquid (8 oz.) \$79

Sangre de Drago Ingredients: Sangre de Drago, Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.
Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.
Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.

Build a stronger you, starting on the cellular level

Helps improve circulation to get you moving again

For the immune system to "clean up" tissues effectively, it must be able to reach the target tissue easily and eliminate debris. For this reason, we developed a special proprietary blend of Graviola combined with three of our other targeted formulations – Recovazon, Envirozon, and Arcozon. One of our best sellers, Recovazon contains a variety of herbs known for their ability to stimulate blood and lymphatic circulation. We developed Envirozon to assist the liver in cleansing the body of toxins. The purpose of adding Arcozon was to help maintain the body's defense system.

Gravizon also includes strong antioxidants, like Camu Camu and Sangre de Drago, which provide protection against free radicals. With this mixture, Gravizon is considered uniquely designed to support the entire immune system, while assisting it in cleansing abnormal tissue growth.

Gravizon (90 ct.) \$50
Gravizon Liquid (8 oz.) \$53



Product Spotlight

Hear what Dr. Jeff Essen has to say about Sangre de Drago, Graviola and Gravizon. Go to AmazonHerb.net and click on Product Spotlight Calls under the News/Events tab.

Gravizon Ingredients: Graviola, Uña de Gato, Pau D'Arco, Jatoba, Jurubeba, Camu Camu, Sangre de Drago, Dong Quai, Alfalfa, Chanca Piedra, Artichoke, Boldo, Aquilaria, Tangerine Peel, Safflower, Samambaia, Sarsaparilla, Bitter Orange, Dalbergia Wood, Peach, Manaca, Tayuya, Catuaba, Iporuru, Suma, Espinheira Santa, Muira Puama, Abuta, Other Ingredients: Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.
Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.
Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.



TESTIMONIAL

Wow! Recovazon is such a gift to my poor, tired back and feet. I've discovered that after a long day two Recovazon take away the weariness, muscle aches and back pain for me. Thank you Amazon Herb, for this terrific help with such a chronic, long-standing issue.

Jana S., Tucson, AZ



IPORURU

The bark of the Iporuru shrub is truly a treasure of the Amazon. It can only be harvested in the dry season when its ingredients turn active. Used by the Indigenous peoples of Peru, it helps to increase flexibility in movement and range of motion. Its benefits come from applying it either internally in the case of Recovazon or externally in Recovazon Gel.

LIFESTYLE TIP

Allow sufficient time for recovery, rest, and relaxation before stressing the affected area(s). Keep tender muscles mobile, however, by stretching and exercising lightly. Remember to eat healthy to aid tissue repair.

Bounce back more quickly from physical and mental exhaustion

True recovery works from within

The term "recovery" can be used in many ways: recovery from an accident, from a strenuous workout, from a surgery or an intense period of stress. For proper recovery from stress, either physical or emotional, the body invariably needs good lymphatic circulation to eliminate debris from the tissues, good blood circulation to deliver nutrients, anti-inflammatory and antioxidant nutrition, and good hormonal balance to assist in the rebuilding of muscles and tissues. The Recover and Rebuild Pack helps you do just that.

Help your body eliminate environmental impurities

Clear your body of toxins and rebuild your defense system

Today we are constantly exposed to pollutants and toxins of all kinds. Envirozon™ assists the body's natural ability to cleanse and restore balance after exposure to environmental impurities. Its strong antioxidant properties are particularly important to liver function, which is key to overall cleansing and detoxification of the body.

Envirozon's Rainforest botanicals include Jurubeba, Chanca Piedra, and Uña de Gato. Jurubeba facilitates the body's ability to reduce toxic excesses. Chanca Piedra fortifies the body's natural filtering organs while stimulating the defense system. Uña de Gato's reputation as an overall cleansing agent is well-known and documented.

Envirozon (90 ct.)
Envirozon Liquid (8 oz.)

\$50
\$53



Envirozon Ingredients: Jurubeba, Chanca Piedra, Alfalfa, Artichoke, Boldo, Uña de Gato, Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.
Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.
Suggested Use 8oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.

Amazon Herb Collection Recover and Rebuild

With the Recovery and Rebuild Wellness Pack, you will receive everything you need to help alleviate and recover from physical and emotional stress. The full line contains: Recovazon and Envirozon (both 90 ct), Pure Camu (30 freshpacks) and Recovazon Gel (2 oz). Add Digestazon Plus (90 ct) as your booster product to aid in digestive support and to facilitate the breakdown of proteins, lipids and carbohydrates.



	Sold Individually	Sold in Pack	You Save
Pack Price	\$174	\$149	\$25
With Booster	\$203	\$159	\$44

Packs not eligible for this month's special offer.

Order 24/7 online at AmazonHerb.net

Don't let muscle soreness and achy joints hold you back

Nutrients from the Amazon can aid rapid recovery

Be as active as you like, as often as you want. With Recovazon™, you'll help give your body the natural boost it needs to recover from muscle soreness and joint discomfort. So whether you've been working out, working hard or playing hard, Recovazon will help you recover faster.

With its exclusive combination of 13 key botanicals, Recovazon helps reduce the formation of oxidative compounds that can cause sore muscles and joints. This synergistic blend includes Tayuya, historically used in

Brazil to relieve pain and swelling, and Dong Quai, which has been used for ages in China, Korea and Japan as an overall strengthening plant that supports the whole body. In addition, Manaca is known to simulate lymphatic circulation, while Dalbergia Wood and Aquilaria assist in blood circulation. Unique anti-inflammatory properties can also be found in the herbs, Iporuru and Samambaia.

Recovazon (90 ct.) \$50
Recovazon Liquid (8 oz.) \$53



Ever wanted to try Recovazon Gel?
Get one FREE with your Purchase of Recovazon.

Details, page 3.

Recovazon Ingredients: Dong Quai, Aquilaria, Safflower, Tangerine Peel, Samambaia, Sarsaparilla, Bitter Orange, Dalbergia Wood, Peach seed, Manaca, Tayuya, Iporuru, Uña de Gato, Other Ingredients: 90 ct vegetable glycerin, vegetable cellulose (capsule) or 8 oz purified water, pure grain alcohol.

Suggested Use: Take 1-3 capsules a day as desired to maintain or accelerate well-being.

Suggested Use for 8 oz: Shake well before using. 1 teaspoon in a cup of pure water once or more a day as desired.

Recovazon Gel Ingredients: Aloe Vera, Dong Quai, Samambaia, Sarsaparilla, Tangerine Peel, Aquilaria, Safflower, Manaca, Peach seed, Dalbergia Wood, Bitter Orange, Tayuya, Iporuru, Uña de Gato, Essential Oil of Birch.

Suggested Use: Apply topically to affected area twice a day or as desired.



On the spot muscle relief

Our thick topical gel provides deep penetration to enhance treatment

When joint and muscle discomfort or skin irritations strike, call Recovazon Topical Gel™ to the rescue. We took Recovazon's restorative Rainforest botanicals and added a special combination of Aloe Vera and Essential Oil of Birch. The outcome: a topical gel that supplies all of the benefits of liquid Recovazon while offering a thicker consistency for enhanced penetration. Its non-greasy, fast-absorbing formula glides on the skin with ease. It supports healthy mobility and range of motion by targeting the specific areas of your body that require help.

At home or on the go, Recovazon Topical Gel is the natural solution for adults, children and pets. It provides fast, soothing, temporary relief for joint and muscle soreness, backaches, sports injuries and more. Keep a tube on hand in your medicine cabinet, car, purse, gym bag, back pack, suitcase, and desk drawer.

Recovazon Topical Gel \$21
(2 oz. tube)

Providing you the antioxidants you need to recover faster

Pure Camu delivers key antioxidants, like Ellagic Acid and Quercetin. Ellagic Acid is known to activate the cell receptor sites in your body to help eliminate free radical damage and remove toxins. Quercetin is known to increase the production of both collagen and fibronectin, two substances necessary to keep the joints and skin healthy. To find out more about all the benefits of Camu Camu, go to pages 14-15.

Pure Camu (30 freshpacks) \$53



Digestazon Plus helps ease joint inflammation

Sufficient levels of digestive herbs and enzymes are necessary to ensure proper protein metabolism. If the body isn't digesting proteins efficiently, it may cannibalize them from joint surfaces. Digestazon Plus provides the required nutrients and helps stop joint inflammation as a result.

Digestive enzymes are also used to manage inflammation associated with injuries and bruises and help to accelerate recovery after exercise. When bruising or tearing of tissue occurs, blood vessels are broken down and debris accumulates, which causes inflammation. Digestive enzymes, like those found in Digestazon Plus, help to break down this debris and assist in tissue regeneration. For a closer look at Digestazon, go to page 6.

Digestazon Plus (90 ct.) \$29
Digestazon Plus (270 ct.) \$65
Digestazon Liquid (8 oz.) \$53



ZAMU™: A delicious Rainforest blend to help keep you in peak performance

Beneficial nutrients, great source of Vitamin C

Over the years, as ‘Amazon John’ Easterling explored the Rainforest, one truth became clear to him: The real treasure of the Rainforest is the life-enhancing properties of its plants.

Working with several health care practitioners in many countries, he developed a tasty, tangy drink that uniquely delivers a balanced chemistry of naturally-occurring nutrients found in organic Camu Camu, Acai, Cacao, Pineapple, Mango, Cinnamon, and Sangre de Drago.

The true secret of ZAMU is Camu Camu – the exciting Amazon “feel good” fruit. Sustainably harvested in the Rainforest, the Camu Camu fruit is nature’s most concentrated source of immune-boosting Vitamin C, a proven free radical scavenger. Our Camu Camu trees grow in the nutrient-rich soil of the Amazon floodplain, packing the berry with a rich, balanced profile of unique, vital nutrients not available from any other source (look for the complete Camu Camu story on pages 14-15).

Just two ounces twice a day aid in elevating your mood and renewing your energy, as many satisfied customers have reported (see testimonials). Other benefits they cite include:

- Promoting a natural state of well-being
- Maintaining emotional stability and enhancing mood
- Supporting a healthy immune system
- Supporting a healthy cardiovascular system
- Helping to ease common joint discomfort.

ZAMU contains no soy, wheat, corn, gluten, dairy products or preservatives – ingredients that have been proven to cause allergic reactions in many people.

ZAMU (750 ml. bottle)

\$35

ZAMU (4-Pack case)

\$125

A Savings of \$15

Packs not eligible for this month's special offer.

See John and Olivia on news and talk shows around the US promoting ZAMU and the wonderful ways this product is helping to support a sustainable future for the

Rainforest and its inhabitants. Clips include: Good Morning America, Extra, The Bonnie Hunt Show, KTLA Morning News, BetterTV and Fox and Friends.

Scan using your smart phone.
Download a free QR code reader.



RAINFOREST INGREDIENTS USED IN ZAMU:

DELICIOUS, TANGY, AND LOADED WITH NUTRIENTS



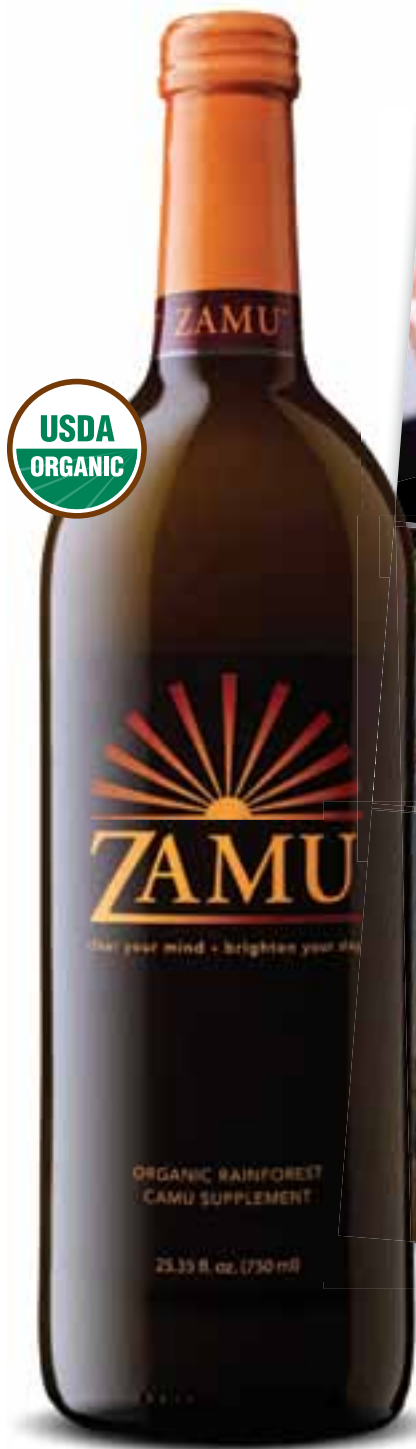
The antioxidant activity of **ACAI** has received well deserved attention for its contribution to overall good health.



Researchers have discovered that flavonol-rich **CACAO** increases blood flow to the brain. Cacao is recognized for its antioxidant and mood enhancing properties.



In clinical studies, **CINNAMON** has been shown to help maintain healthy glucose levels. Further research suggests that cinnamon may enhance cognitive brain function.



For research details and sources, please visit AmazonHerb.net, click on the ZAMU tab, and then click the Research button.

TESTIMONIALS



Within minutes of drinking ZAMU, I feel focus, peace and BLISS! I actually feel my energy level rise and I am ready to take on my next task with gusto.

Su S., Jupiter, FL

My testing shows ZAMU to work better for my patients than all other juice-based products on the market. Plus, it tastes great. I'm adding this to my patient supplement programs.



James Hawver, NMD, Bremen, GA



This is a brilliant synergistic blend that maximizes the powerful health benefits of Camu. I personally felt my energy renewed by ZAMU, even after pushing hard for several weeks. I see it as a valuable health supplement.

Ann Shippy, MD, Austin, TX

The powerful Rainforest botanicals in the Amazon Herb products set them well apart from any other products that I've used in my practice.



Eric Innes, DC,
Palm Beach Gardens, FL



I consider the ancient chemistry of Amazon Herb products essential for today's challenges. My patients love them. People even comment how my own body appears noticeably youthful.

Keffa Lorraine Weatherspoon, ND,
Detroit, MI



Research documents that bromelain extracted from the **PINEAPPLE** plant has shown anti-inflammatory activity and may help with common joint discomfort.



Studies show that long-term beta-carotene supplementation has a significant result on memory. **MANGOS** are a natural source of beta-carotene.



The high content of proanthocyanidins in **SANGRE DE DRAGO** promote natural repair processes in the body.



4455 Military Trail, Suite 200
Jupiter, FL 33458



Amazon Herb
Wellness from the Rainforest

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Please Recycle.  



Our Commitment to the Rainforest

Amazon Herb is proud to support Indigenous Rainforest communities. Your purchase of Amazon Herb products enables us to continue our work in the Rainforest by helping to provide scholarships, obtain land titles and deeds, and securing the future of the Peruvian Rainforest. We have also formed an active partnership with the Amazon Center for Environmental Education and Research (ACEER), a not-for-profit dedicated to promoting conservation of the Amazon by fostering awareness, understanding, action, and transformation. Scan for a video on how Amazon Herb is helping to support Indigenous communities.



Scan using your smart phone. Download a free QR code reader.

The festivities continue. . .

New Year, New Beginnings

Get yourself off to a great start this New Year.

Buy any one of our life-enhancing products from the Rainforest and receive another product of equal or lesser value **FREE!** Order as many BOGO combos as you want, as long as supplies last. See page 3.



Camu C Serum \$65
(30 ml.)

Buy any One
of your choice



Envirozon \$50
(90 ct.)

Get any One free
of equal or lesser value

We're partying the entire month of January with our one-time only Celebration Sale. Buy any Amazon Herb product and receive another product of equal or lesser value for **FREE. Phone-in orders only.**

Here's your chance to sample a product you haven't tried. Order your favorites in a capsule or liquid. Stock up or share your special health secret with a friend. It's an opportunity you won't want to miss.

Order as many products as you like, but hurry. This offer is available only as long as supplies last or until January 31, 2013, 11:59 pm EST. Phone Orders Only. See details on page 3.

CALL TOLL FREE 1-800-835-0850
AmazonHerb.net

AHC 0113



Contact: _____

ID: _____

Please Recycle.  



Our Commitment to the Rainforest

Amazon Herb is proud to support Indigenous Rainforest communities. Your purchase of Amazon Herb products enables us to continue our work in the Rainforest by helping to provide scholarships, obtain land titles and deeds, and securing the future of the Peruvian Rainforest. We have also formed an active partnership with the Amazon Center for Environmental Education and Research (ACEER), a not-for-profit dedicated to promoting conservation of the Amazon by fostering awareness, understanding, action, and transformation. Scan for a video on how Amazon Herb is helping to support Indigenous communities.



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Camu C Serum \$65
(30 ml.)

Buy any One
of your choice



Envirozon \$50
(90 ct.)

Get any One free
of equal or lesser value

We're partying the entire month of January with our one-time only Celebration Sale. Buy any Amazon Herb product and receive another product of equal or lesser value for **FREE. Phone-in orders only.**

Here's your chance to sample a product you haven't tried. Order your favorites in a capsule or liquid. Stock up or share your special health secret with a friend. It's an opportunity you won't want to miss.

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CALL TOLL FREE 1-800-835-0850
AmazonHerb.net